

FAQs

Youth Leadership Festival Frequently Asked Questions.

WHAT IS THE YOUTH LEADERSHIP FESTIVAL? WHY ARE WE UNIQUE?

The Youth Leadership Festival is an adventurous 5 day immersive experience, tucked in the abounding forests of northern Oregon. We are pioneering and curating an experience like no other on earth. Our approach is extremely unique as it focuses on what we believe are the three most important aspects in the fulfillment of a human being's life. Our three fundamentals are 1. Collectiveness, 2. Awareness, 3. Initiative. These three fundamentals cannot be attained through an intellectual knowing but instead through an experiential journey.

In order to achieve this, we have crafted a space where youth wake up surrounded and hugged by mother earth. They will **practice ancient yoga** in unity every morning, receive insight from Oneness - the top consciousness school in the world, and immerse into team hikes where they will learn about each other and the nature that surrounds them. They will be guided by festival leaders through **dynamic workshops** so youth can experience first hand what they are learning for the day. In the afternoon, there will be team activities to help them dive deeper into their awareness journey while they grow and feel the collectiveness and support from each other. In the evenings, youth will find themselves dancing to live music, after which they gather into a circle of storytellers around a crackling bonfire, where tales of triumph and transformation illuminate the darkness.

In that moment, under the stars, through the vibrations of different instruments, as well as expressive dance and singing; youth will realize that we are a part of something greater. They will realize they are all on a collective journey towards the understanding that we are all one collective consciousness, immersing together into young conscious leaders that are held, supported and limitless.

This synergistic learning experience creates a firm foundation for individuals looking to live extraordinary lives, away from societal norms, fears and limitations.



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WHO WILL BE ATTENDING THE FESTIVAL?

This will be an intimate event where we anticipate the attendance of 120 to 150 youth. The youth will be of the ages between 18 and 35, with a specific marketing focus on 18 to 25 year olds. These participants are young leaders seeking for inner self development as well as for guidance.

WHO IS BEHIND THIS FESTIVAL?

The founders of this festival are Mei-Jing Ang and Shaw Moreno who together were students at Oneness Academy in India, where they learned to transform their state of being from depressed, anxious, disconnected humans to more joyful humans filled with an ever-growing love and compassion towards all beings. The festival council is not only composed of the founders but also has other youth leaders from USA, Brazil, South Africa, Colombia, India, Mexico, Peru, Pakistan and Canada. Besides the youth, we are supported by wisdom keepers who are business leaders, and spiritual teachers who have been on their transformational journeys for decades.

WHY ARE WE DOING THIS?

We believe that there is no work more important than finding complete inner fulfillment, where one is completely satisfied and present with all the happenings of life. There is nothing more important to us than to guide humanity to heal while transforming into conscious leaders. As youth transform they transform those around them, creating a powerful domino effect that compounds in growth and magnitude year over year.



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FESTIVAL VISION:

This festival will be the launch of a youth global movement where participants will be equipped with tools to continue on their transformational journey back home. They will also have the opportunity to be trained to host conscious leadership clubs, mediation sessions at their universities, as well as run local community events to bring awareness to the movement.

These clubs and meditation sessions are part of a segment of our global network that is focused on transforming youth into leaders who have a clear purpose and a focused, calm mind. Our goal is to create 1 million young conscious leaders in over 40 countries by 2035.

We are crafting a new generation of youth who will flourish into their authentic selves, free from judgments, hurt, fear, and worry, so they flourish into limitless beings. Capable of creating a positive impact on the world around them.

WHAT IS DHARMA DAY? HOW WILL WE HELP YOUTH FIND THEIR INTENTION?

Within this Youth Leadership Festival we will have a dedicated day to hosting Dharma day. Dharma day is an action packed, interactive engagement focused on bringing in innovators and change makers in their space, so they speak to youth about conscious action and create abundance and success. This engagement is nurtured with the goal that youth open their minds to taking conscious action, as well as have a better understanding on how to learn to see where the puck is going and not be blinded by where it's at.

This transformative occasion will fuel youth's boundless imagination and inspire visionary thinking about the future of specific industries. Simultaneously, it provides a platform for young participants to showcase their sustainable solutions (part of our entrepreneurial workshop) before a panel of influential leaders. Through insightful questioning and dialogue, these leaders not only offer guidance but also pave the way for the youth to refine their impactful ideas and navigate a path toward tangible solutions. Designed to offer clarity in career choices and facilitate connections with potential mentors, Dharma Day stands as a catalyst for personal growth and the cultivation of transformative ideas.

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WHAT KIND OF SPEAKERS WILL BE INVITED TO THE FESTIVAL?

We are opening invitations for speakers that are innovators and leaders in business, trade, artists, AI, and the future of a new monetary system that will no longer be manipulated. These speakers will have a conscious focus, and have a visible track record of a positive global and local impact.

WHAT TO EXPECT FROM THE KEYNOTE SPEAKERS?

This interactive speaking engagement focuses on how youth can transform their internal state, thus positively affecting their external reality. A 20-30 minute engaging process, where the keynote speaker shares their experience through real life examples and personal stories of how transitioning their internal state has positively impacted their external life.

Throughout this speaking engagement, a facilitator will open up the space to become a collective conversation for both speaker and audience. They will do this by asking questions to the youth; thus creating an atmosphere in which everyone is associating with each other's inner revelations, realizations, and growth.

This is so that the participants listening feel like it's happening from the inside. They feel a part of the engagement.

The goal of this speech is to inspire the youth to take conscious action in life and lead with their state of being. This will spark young people's passion to create change in the world, find clarity in their path all while doing so consciously.



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THE VENUE

WHERE WILL THE FESTIVAL BE HELD? HOW MAGICAL IS THIS VENUE?

Trout Creek Wilderness Lodge, nestled an hour south of Portland, Oregon is located in the luscious evergreen forests that encircle Mt. Hood.

Spread across 200 acres of century-old Fir and Pine forest, the property is a sanctuary of exploration.

Five main trails wind through the vibrant landscape, giving the opportunity for many nature walks and short hikes. The adjacent Molalla river provides a beautiful space for river swims and relaxation.

Participants are invited to immerse themselves fully, lodging in cozy tipis, bell tents, and Jupes. Additionally, a bathhouse awaits, complete with a hot tub and sauna, giving well deserved recovery to youth and the volunteer team alike.

The venue is also equipped with a DJ booth nestled amidst towering fir trees, offering a space where participants can dance freely, liberated by the embrace of nature.

The most magical part of the venue is the river deck, a space perched above the Molalla River, where up to 200 youth can gather. Here, amidst the tranquil sounds of flowing water, participants engage in yoga, as well as sit down to absorb the wisdom for the day that will prepare them for the day's journey ahead.

Trout Creek Wilderness Lodge is more than just a venue; it's a sanctuary where people unite and heal together while being warmly held by grandmother earth.



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WHAT ARE THE ATTRACTIONS AT THE FESTIVAL?

Food:

Enjoy a variety of abundant local fruits and veggies as well as a hardy buffet style breakfast and lunch, focused on a healthy and balanced vegetarian diet. Dinners will be provided by local food trucks, serving a wide range of global cuisines ranging from Latin to Indian to Asian fusion.

Workshops and Processes:

Each festival day starts with ancestral yoga, targeted at finding balance in our body and mind. After this, the youth will experience transformative meditative processes hosted by the world renowned Ekam Oneness University. Dynamic workshops will be hosted every afternoon, focused on collective and shared learning, as well as reflective exercises. Each day will end with live music and communal fire ceremonies that are focused on sharing our day's experiences.

Live Music:

Listen to over 4 different genres of music, with artists from all over the USA. Most music will be focused on fostering a beautiful state of being, and upholding a sense of community. There will be multiple local DJ's mixing each night.

Fire ceremonies:

Every evening, there will be fire ceremonies where the youth and volunteers can all sit around the campfire and share stories of our day, as well as play music and sing together. Letting the warmth of the fire ignite our passions and strengthen these new bonds of friendship, creating memories that will last a lifetime.



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IS THERE A DRUG AND ALCOHOL POLICY?

This is an event free of drugs and alcohol. All illegal substances are prohibited. Marijuana is prohibited, although being legal in Oregon. We are targeted at helping young people find joy and happiness, without the need for an outside substance. Cacao will be allowed for certain ceremonies as it is natural cacao boiled and drank as an ancestral ritual for connecting with mother earth and our hearts.

HOW ARE WE BRINGING COMMUNITIES TOGETHER?

United we are stronger.

We are a movement created by youth, for youth, of youth. We are focused on the community first before anything. Humans seek human connection, relying on each other to grow and create. Because of this, we have built a global online community on discord where we host mediations and meet ups.

We also host local community events targeting young adults. As well as this, we are running virtual BreathWorks sessions at multiple universities around the USA. These mediation programs are focused on transforming youth's mental action from a beta wave frequency to alpha and theta wave frequencies. This is with the intention of fostering community, and providing a space for young adults from around the nation to connect and unwind. Our community ecosystem is a space for young people to feel held, supported, understood, feel at ease, and have a space to share their experiences and happenings in their lives.

HOW CAN ONE BECOME AN AFFILIATE?

An affiliate is one who is a driver of the movement. Someone who believes in bringing the youth together. Our affiliate program is made up of young adults and wisdom keepers who bring their communities together to unite all as one collective mind on the same mission to grow internally and in turn change the world around us.

Apply by sending us an email stating your interest in combining our community efforts. Each affiliate will be gifted affiliate packages that include flyers, pdfs, and merchandise. They will receive a coupon code specific to them so their communities can receive discounts for all future events.

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WHAT IS MIND ACTION?

Mind action is at the forefront of everything we do. Our events and programs are focused on positively transforming the mind action of youth.

There are 3 actions. Physical action, vocal action, and mental action. While they are all important, mental action is the base of our physical and vocal actions. It is the most important action of them all. Everything starts with the mind. Mind proceeds everything. Our thoughts are then translated into speech and action. In turn, repetition of such speech and action gives rise to habits and finally habits form character.

This is why we have made it our mission to place awareness of mind action on the forefront of everything we do. Our external worlds are a reflection of our inner worlds. This is why mind action is the teaching and awareness tool we provide in every program, festival, and event that we host for the youth around the world.

CAN I BECOME A SPONSOR?

We are open to receiving grants and private sponsorship to cover venue cost, food, as well as to sponsor participants who cannot afford to attend festival. No donation is too small. Contact us for more information. Thank you for your support in advance.

JOIN THE MOVEMENT

Become a sponsor, a participant, a speaker or an affiliate. We are open to collaborating and working with you. United we are stronger. Together we will change the youth, and then the world.

 Contact us: partnerships@rqglobal.org



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