

# MEET THE FOUNDERS



## SHAW MORENO

A current sophomore at Santa Barbara City College, Shaw has found a passion for helping his community through breathe work and meditation. Currently studying Entrepreneurship, he has combined his love for business with his love of guiding other's growth. This synergy led him to co-create RQ Global, and the university program; BreathWorks. In 2023, he spent 7 months at Ekam university in southern India, learning the art of teaching and performing meditation. He has hosted meditation and breathe sessions in India, Singapore, as well as at SBCC.

## MEI-JING ANG

Mei-Jing has worked with multiple billion dollar companies throughout her professional career. With more than 5 years of Vipassana meditation experience, she has found a passion and vision for helping positively transform the way young people take action in the world. Combining her communication skills, and love of meditation and breathe work, she has co-created RQ Global, as well as the university program; BreathWorks. She is a certified meditation trainer by Ekam University in southern India, and has led meditation sessions in India, Singapore, Peru, Mexico, as well as USA.

## LETS CONNECT

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